



KS3 PSHE

Personalised Learning Checklist



Name: _____

Year 8 Topic	First Aid
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My Band is	
Teaching Group	

How am I doing?	Autumn: E, G, S, U	Spring: E, G, S, U	Summer: E, G, S, U
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Use this checklist before your assessment to focus your work and after to check the effectiveness of your work.

G	I am confident about this topic and I know what I need to do.
A	I am not too sure about this topic. I may need to check with my teacher and spend more time working on this topic.
R	I am not confident I could answer a question on this topic. I need to check with my teacher and ensure I have what I need to do it.
What will I learn?	
	Part One Content
	I know what DRS ABC stands for
	I can check for danger before approaching a casualty
	I can safely check for a response
	I can check if someone is breathing
	I know how and when to call 999
	I know the difference between a burn and a scald
	I know how to treat a burn safely
	I can identify signs that someone has suffered a burn
	I know the symptoms of an asthma attack
	I know what anaphylaxis is and what to do
	I understand how to keep myself safe around electricity
	I know what to do in the event of an acid attack
	I understand how to stay safe around water
	Part Two Skills
	Describing first-aid procedures clearly in steps
	Drawing and annotating diagrams (e.g., burn treatment, DRS ABC)
	Using scenarios to apply first-aid knowledge
	Organising notes effectively with all loose work attached
	Engaging in class discussion effectively
	Part Three Assessment
	Homework
	First aid end of unit assessment
	Peer & self assessment

Key Language for this topic		
Add in the definition for each of these words. Try to learn the spellings.		
Anaphylaxis		
Asthma		
Emergency		
Head Injury		
Airway		
Resuscitation		
Burn		
Scald		
Casualty		
Electric Shock		
First Aid		
Additional Support / Guidance		
Reflection		
What went well on this unit of work? Why was this?	In what areas do I need to improve?	What actions should I take to do well in my next unit of work?