



KS3 PSHE



Personalised Learning Checklist

Name: _____

Year 7 Topic	Welcome to Aylestone
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My Band is	
Teaching Group	

How am I doing?	Autumn: E, G, S, U	Spring: E, G, S, U	Summer: E, G, S, U
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Use this checklist before your assessment to focus your work and after to check the effectiveness of your work.

G	I am confident about this topic and I know what I need to do.
A	I am not too sure about this topic. I may need to check with my teacher and spend more time working on this topic.
R	I am not confident I could answer a question on this topic. I need to check with my teacher and ensure I have what I need to do it.

What will I learn?			
Part One Content	R	A	G
I know how secondary school is different to primary school			
I can identify changes between primary school and secondary school			
I can evaluate the best ways to support others during this period of change			
I can identify my values and understand how they shape my behaviour			
I can recognise my rights and responsibilities			
I can identify who I am and what influences me			
I can understand that happiness is linked to being connected to other			
I can understand the importance of having a variety of social and personal relationships			
I know what makes a good friend			
I can consider strategies for responding to pressure from peers			
I can define what Bullying is and discuss the impact of bullying			
I can list ways that I can get organised and practice these daily			
I can reflect on my strengths and weaknesses			
I can identify different ways to revise			
I can discuss different ways to provide myself with the best environment for learning			
I know the importance of looking after my emotional wellbeing			
Assessment	R	A	G
End of unit assessment.			

Key Language for this topic	
Add in the definition for each of these words. Try to learn the spellings.	
Personal	
Social	
Health	
Education	
values	
rights	

responsibilities	
Peer pressure	
respect	
Similarities	
differences	
bullying	
revision	
wellbeing	
strengths	
weaknesses	
Learning environment	

Additional Support / Guidance

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Reflection

What went well on this unit of work? Why was this?	In what areas do I need to improve?	What actions should I take to do well in my next unit of work?