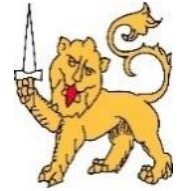




Science Yr7



Personalised Learning Checklist 2

Name: _____

Key Stage	3
Year	7

My Band is	
Group	

My current Grade is:	Autumn:	Spring:	Summer:
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Use this checklist before your assessment to focus your work and after to check the effectiveness of your work.

G	I am confident about this topic and I know what I need to do.
A	I am not too sure about this topic. I may need to check with my teacher and spend more time working on this topic.
R	I am not confident I could answer a question on this topic. I need to check with my teacher and ensure I have what I need to do it.

Topic/Unit Focus

Unit 4: Sports Days	R	A	G
Energy in Food			
Breathing			
Muscles			
The Effect of Exercise			
Blood			
The Skeleton			
Movement (using muscles)			
Fuels			
Energy Resources			
Energy Stores and Transfers			
Drugs			
Unit 5: Running a Zoo	R	A	G
Hazards and Indicators			
Balanced and Unbalanced Forces			
Neutralisation			
Forces			
Friction			
Pressure			
Springs			
Sexual Reproduction and Reproductive Organs			
Pregnancy, Birth and Growth			
Breeding in Zoos			

Therapy (Interventions)

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Additional Support / Guidance

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