



Key Stage 3 PE Personalised Learning Checklist

Name: _____

Teacher	
Sport	

My Band is	
Group	

My Attainment is: _____

G	I am confident about this topic and I know what I need to do.
A	I am not too sure about this topic. I may need to check with my teacher and spend more time working on this topic.
R	I am not confident I could answer a question on this topic. I need to check with my teacher and ensure I have what I need to do it.

Topic/Unit Focus: Net and Wall	REVIEW					
Skills	R	A	G	R	A	G
Shot selection is used effectively within competitive situations.						
The service is consistent and performed to exert control over the opponent.						
Sports specific skills are demonstrated with consistency, accuracy spin and power (if appropriate).						
Show good movement in response to the changing game situations.						

Understanding	R	A	G	R	A	G
Understand how to gain success within singles and doubles games.						
Understands the rules and regulations of singles and doubles games.						
Understand how different skills, techniques and tactics can be used to make it harder for the opposition.						

Performance	R	A	G	R	A	G
Apply sports specific skills effectively within competitive situations.						
Identify the strengths and weaknesses of an opponent and suggest ways to improve.						
Able to identify the weaknesses of an opponent and suggest ways in which they can outwit them.						

Strengths

Areas For Improvement

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