



Key Stage 3 PE Personalised Learning Checklist

Name: _____

Teacher	
Sport	

My Band is	
Group	

My Attainment is: _____

G	I am confident about this topic and I know what I need to do.
A	I am not too sure about this topic. I may need to check with my teacher and spend more time working on this topic.
R	I am not confident I could answer a question on this topic. I need to check with my teacher and ensure I have what I need to do it.

Topic/Unit Focus: Striking and Fielding				REVIEW		
Skills	R	A	G	R	A	G
Perform an underarm and overarm throw effectively, with power and accuracy						
Catch the ball effectively at different heights whilst under pressure.						
Bowl the ball effectively in practice and game situations, applying a stepping action and spin in order to outwit opponents.						
Field a ball effectively when it is rolling towards and away, altering techniques appropriately.						
Make contact with the ball when batting, with increased power, accuracy and placement.						
Run effectively in order to gain points.						

Understanding	R	A	G	R	A	G
Understand how to gain success within the sport.						
Understand how placing the ball when batting can be used to outwit opponents.						
Understand the key strategies used in batting and fielding to gain success.						
Understand when a long barrier should be used within a competitive situation.						
Understand different positions used within a game and the role they play.						
Understand the full rules of the game.						

Performance	R	A	G	R	A	G
Apply sports specific skills effectively within game situations.						
Play effectively within game situations, showing an understanding of different positions and their roles within a game.						
Play effectively within a game situation, taking on different roles and show an understanding of the different positions.						
Apply the rules of the game effectively.						
Apply the accurate scoring system to game situations.						
Have impact on a game situation, showing tactical awareness and anticipation.						
Evaluate own performances against success criteria.						

Strengths

Areas For Improvement