



Key Stage 3 PE Personalised Learning Checklist

Name: _____

Teacher	
Sport	

My Band is	
Group	

My Attainment is: _____

G	I am confident about this topic and I know what I need to do.
A	I am not too sure about this topic. I may need to check with my teacher and spend more time working on this topic.
R	I am not confident I could answer a question on this topic. I need to check with my teacher and ensure I have what I need to do it.

Topic/Unit Focus: Striking and Fielding				REVIEW		
Skills	R	A	G	R	A	G
Perform an underarm and overarm throw effectively, with accuracy						
Alter hand placement to catch a ball at different heights showing some success in competitive and practice situations.						
Bowl the ball showing some success.						
Field a rolling ball effectively using the "long barrier" within practice situations.						
Hold the bat correctly.						
Get into the correct positioning for batting the ball and make contact with the ball.						

Understanding	R	A	G	R	A	G
Understand how to gain success within the sport.						
Understand when different throws are used and why.						
Understand what makes a "good" and "no" ball						
Understand when a long barrier should be used within a competitive situation.						
Understand different positions used within a game and the role they play.						
Understand the basic rules of the recognised game.						

Performance	R	A	G	R	A	G
Apply sports specific skills effectively in conditioned and small sided games to gain success.						
Play effectively within game situations, showing an understanding of different positions and their roles within a game.						
Begin to play more effectively within competitive situations, showing a basic understanding of the key tactics and strategies used.						
Apply the basic rules within game situations.						
Apply the accurate scoring system to game situations.						

Strengths

--

Areas For Improvement

--