



## Key Stage 3 PE Personalised Learning Checklist

Name: \_\_\_\_\_

<b>Teacher</b>	
<b>Sport</b>	

<b>My Band is:</b>	
<b>Group</b>	

My Attainment is:

<b>G</b>	I am confident about this topic and I know what I need to do.
<b>A</b>	I am not too sure about this topic. I may need to check with my teacher and spend more time working on this topic.
<b>R</b>	I am not confident I could answer a question on this topic. I need to check with my teacher and ensure I have what I need to do it.

Topic/Unit Focus: Dance				REVIEW		
Skills	R	A	G	R	A	G
Accurately learn and perform a set piece around the chosen theme.						
Explore and apply the relevant theme through appropriate movements and techniques.						
Work effectively with a partner to develop their own motif around the chosen theme.						
Develop relationships in dance and include these within performance.						

Understanding	R	A	G	R	A	G
Understand the chosen theme and can identify the types of performance characteristics that should be included.						
Understand what a motif is and how they can work with a partner to plan and perform their own.						
Understand what is meant by relationships in dance and apply this to performances.						
Understand what is meant by dynamics and apply these within performances.						

Performance	R	A	G	R	A	G
Performance shows control, fluency and performance characteristics of the chosen theme.						
Performance of a set piece is accurate.						
Development of partner motifs to fit the chosen theme and are performed accurately.						
Performances show confidence and focus throughout.						

**Strengths**

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**Areas For Improvement**

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