**Aylestone School**

**Physical Education Department**

**Curriculum Map**

**KS4**

**Year 10**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | | **Autumn 2** | | **Spring 1** | | **Spring 2** | | **Summer 1** | | **Summer 2** | |
| **Boys** | Games  (Football) | Games  (Rugby) | Games  (Basketball) | Fitness / Rugby | OAA/ Table Tennis | Games  (Football) | Games  (Dodgeball) | Games  (Lacrosse) | Athletics | Softball | Athletics | Tennis |
| **Girls** | Games  (Hockey) | Games  (Netball) | Games  (Basketball) | Fitness | Games  (Lacrosse) | Games  (Football) | Dance | Games  (Rugby) | Athletics | Rounders | Athletics/  OAA | Softball |
| **Mixed** | Table Tennis | Games  (Football) | Games  (Benchball) | Games  (Dodgeball) | Games  (Netball) | Fitness | Games  (Basketball) | Games  (Rugby) | Athletics | Soft ball/  OAA | Rounders | Ultimate Frisbee |

**Year 11**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | | **Autumn 2** | | **Spring 1** | | **Spring 2** | | **Summer 1** | |
| **Boys** | Games  (Rugby) | Games  (Football) | Games (Basketball) | Table Tennis / OAA | Games  (Dodgeball) | Game  (Lacrosse) | Fitness | Games | Summer Sports | Striking & Fielding |
| **Girls** | Games  (Netball) | Games  (Hockey) | Games  (Basketball) | Fitness | Games  (Lacrosse) | Games  (Football) | Games  (Rugby) | OAA | Summer Sports | Striking & Fielding |