**Aylestone School**

**Physical Education Department**

**Curriculum Map**

**KS4**

**Year 10**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Boys** | Games(Football) | Games(Rugby) | Games(Basketball) | Fitness / Rugby | OAA/ Table Tennis | Games(Football) | Games(Dodgeball) |  Games(Lacrosse) | Athletics | Softball | Athletics | Tennis |
| **Girls** | Games(Hockey)  | Games(Netball) | Games(Basketball) |  Fitness | Games(Lacrosse) | Games (Football) | Dance | Games(Rugby) | Athletics | Rounders | Athletics/OAA | Softball |
| **Mixed** | Table Tennis | Games(Football) | Games(Benchball) | Games(Dodgeball) | Games(Netball) | Fitness | Games(Basketball) | Games(Rugby) | Athletics | Soft ball/OAA | Rounders | Ultimate Frisbee |

**Year 11**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** |
| **Boys** | Games(Rugby) | Games(Football) | Games (Basketball) | Table Tennis / OAA | Games(Dodgeball) | Game (Lacrosse) | Fitness | Games | Summer Sports | Striking & Fielding |
| **Girls** | Games(Netball) |  Games(Hockey) | Games(Basketball) | Fitness | Games(Lacrosse) | Games(Football) | Games(Rugby) | OAA | Summer Sports | Striking & Fielding |