



Aylestone School

Physical Education Department

Curriculum Map

KS4



Year 10

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	1	2	1	2	1	2	1	2	1	2	1	2
Boys	Fitness/ OAA P, DM, M	Games (Rugby) P, DM, M	Games (Basketball) P, DM, M	Games (Football) P, DM, M	Table Tennis P, DM, M	Games (Football) P, DM, M	Games (Dodgeball) P, DM, M	Competition DM, M	Athletics P, M	Softball P, DM, M	Athletics P, M	Tennis P, DM, M
Girls	Fitness/ OAA P, DM, M	Games (Netball) P, DM, M	Lacrosse P, DM, D	Games (Rugby) P, DM, M	Table Tennis P, DM, M	Games (Football) P, DM, M	Dance DM, M	Hockey/ Dodgeball P, DM, M	Athletics P, M	Rounders P, DM, M	Athletics P, M	Softball P, DM, M
Mixed	Basketball P, DM, M	Netball P, DM, M	Rugby P, DM, M	Fitness/ OAA P, DM, M	Football P, DM, M	Dodgeball P, DM, M	Hockey P, DM, M	Table Tennis P, DM, M	Athletics P, M	Soft ball P, DM, M	Rounders P, DM, M	Ultimate Frisbee P, DM, M

Assessment Focus

P – Performance

DM – Decision Making

M - Mindset

Possible Leadership Group

Activity Key:

OAA – Outdoor and Adventurous Activity



Year 11

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1	
	Performance	Comp	Performance	Comp	Performance	Comp	Performance	Comp	Performance	Games
Boys	Fitness P, M	Invasion Games DM, M	Football P, DM, M	Games DM, M	Basketball P, DM, M	Games DM, M	Football P, DM, M	Games DM, M	Summer Sports DM, M	Striking & Fielding DM, M
Girls	Netball P, DM, M	Invasion Games DM, M	Rugby P, DM, M	Games DM, M	Basketball P, DM, M	Games DM, M	Softball P, DM, M	Games DM, M	Summer Sports DM, M	Striking & Fielding DM, M

Assessment Focus

P – Performance

DM – Decision Making

M - Mindset